

REFLECTION PAPER

Congratulations! Your journal reflection is the final step in successfully completing your service requirement for Queen of Peace.

Here's what to write about:

- Describe a *memorable* or *significant* experience(s) from your *overall* service work.
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- Describe things you learned about yourself or how it has changed you.

For example:

- ◇ strengths or weaknesses you recognized in yourself
 - ◇ particular things you liked or disliked about your work
 - ◇ new abilities you discovered about yourself
- Be specific. Support each of your statements with specific evidence/examples.
 - With which Sinsinawa Dominican value or Catholic Social Teaching did you most connect? Why?

Here's how to do it:

- Use the student checklist on the back as a guide.
- This reflection should follow the MLA format with which you are quite familiar. If you need to check **MLA format**, look in your copy of *A Pocket Style Manual* by Diana Hacker.

Here is an example how your heading should be formatted.

Your name (ID number)

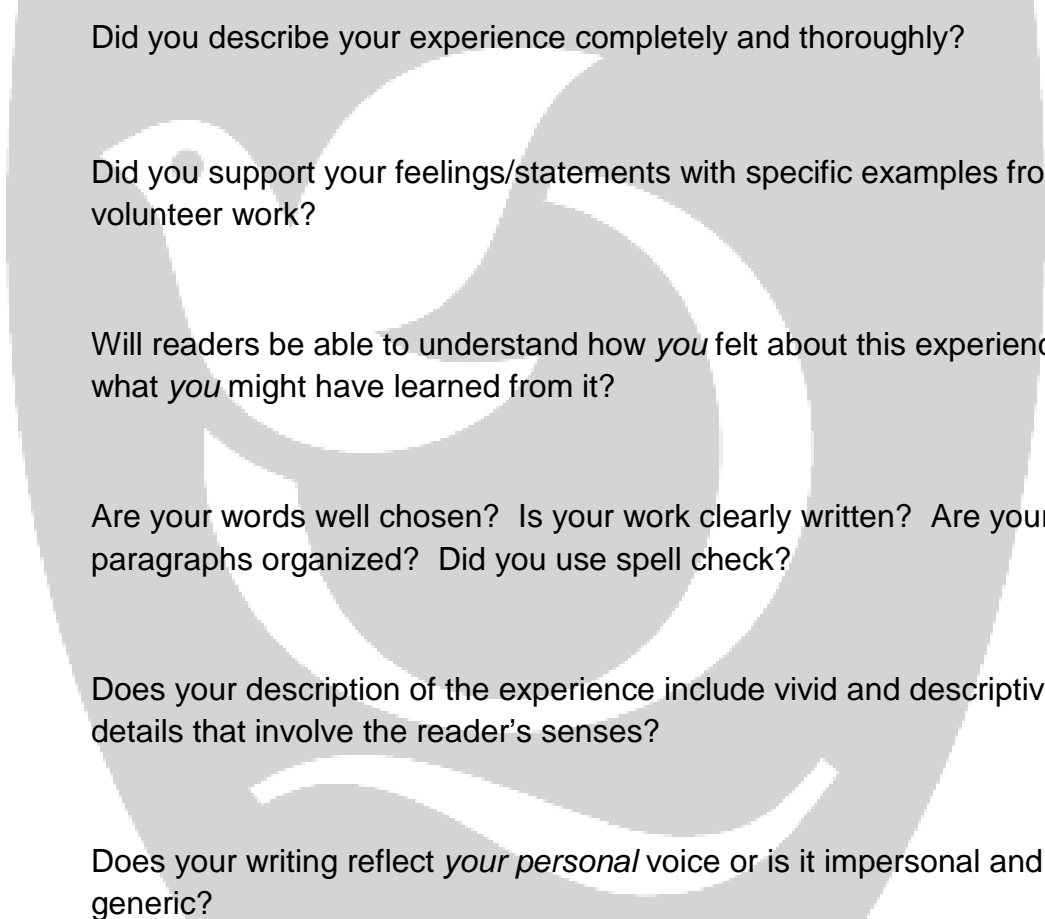
Ms. Owens

Community Service Requirement

The date you are turning in the reflection

- Your reflection should be no shorter than 1 ½ to 2 pages.
- When it is completed, please bring it to Room 234 or to the Main Office and ask that it be put in Ms. Owens' mailbox.

STUDENT CHECKLIST FOR RELATING A PERSONAL EXPERIENCE

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- Did you describe your experience completely and thoroughly?
 - Did you support your feelings/statements with specific examples from your volunteer work?
 - Will readers be able to understand how *you* felt about this experience and what *you* might have learned from it?
 - Are your words well chosen? Is your work clearly written? Are your paragraphs organized? Did you use spell check?
 - Does your description of the experience include vivid and descriptive details that involve the reader's senses?
 - Does your writing reflect *your personal* voice or is it impersonal and generic?