



## REFLECTION PAPER

**Congratulations! Your journal reflection is the final step in successfully completing your service requirement for Queen of Peace.**

### ***Here's what to write about:***

- Describe a *memorable* or *significant* experience(s) from your *overall* service work.
- Describe things you learned about yourself or how it has changed you. For example:
  - Strengths or weaknesses you recognized in yourself;
  - Particular things you liked or disliked about your work;
  - New abilities you discovered about yourself.
- Be specific. Support each of your statements with specific evidence/examples.
- With which Sinsinawa Dominican value or Catholic Social Teaching did you most connect? Why?

### ***Here's how to do it:***

- Use the student checklist on the back as a guide.
- This reflection should meet the requirements for any written classroom assignment.
- The paper must be typed using 12-point Times New Roman or Arial font, double-spaced, with 1" margins on all four sides (follow MLA style guidelines).
- **MUST BE AT LEAST 1 ½ - 2 PAGES!**
- Please make sure your name and I.D. number are on your paper.
- When it is completed, please bring it to the Student Leadership Office.

*Ms. Owens*  
*Service Learning Coordinator*

## **STUDENT CHECKLIST FOR RELATING A PERSONAL EXPERIENCE**

- Did you describe your experience completely and thoroughly?
- Did you support your feelings/statements with specific examples from your volunteer work?
- Will readers be able to understand how *you* felt about this experience and what *you* might have learned from it?
- Are your words well chosen? Is your work clearly written? Are your paragraphs organized? Did you use spell check?
- Does your description of the experience include vivid and descriptive details that involve the reader's senses?
- Does your writing reflect *your personal* voice or is it impersonal and generic?